

THE SENIOR PROGRAM

(S&T / EMM)

The Senior Program is designed to provide a forum in which patrollers can enhance personal skiing/snowboarding and toboggan handling proficiency, improve their ability to manage OEC related problems and expand their overall patrolling knowledge and skills.

(For additional information on the Senior program go to the Easter Division Website at: <http://www.nspeast.org/html/senior.htm>)

Program goals for the senior program include the following core components.

1. The senior emergency management component consists of field-relevant exercises to help patrollers expand their decision making, problem management, and leadership skills.
2. The senior alpine (skiing/snowboarding) component consists of long, medium, and short radius turns, skiing/snowboarding unpacked snow or icy conditions, and equipment carry exercises that require edging, weight transfer, and upper and lower body movements. The objective is to help patrollers become better alpine skiers/snowboarders and toboggan handlers.
3. The senior alpine toboggan handling component covers the mechanics and components of various rescue toboggans as well as the operation of loaded and unloaded toboggans from the front and the tail in a variety of conditions on more difficult and most difficult slopes. Toboggan handling criteria will vary with the multiplicity of equipment used across the country and the differences between alpine and Nordic techniques.
4. The aid room management module is a core component for senior auxiliary. This module is currently under further development.
5. The senior Nordic component consists of on-snow exercises to develop leadership abilities while increasing and enhancing skiing proficiency, Nordic toboggan handling, and related Nordic skills.

In addition to the core components senior candidates must also have three electives from the senior elective list. These electives may consist of education courses, or leadership courses.

Training is an essential part of the program. Senior candidates are expected to spend a significant amount of time reviewing senior criteria and using the required knowledge and skills to practice scenarios on challenging, senior-level terrain under various conditions in the patrolling environment. The Central New York region has a comprehensive schedule of clinics where senior candidates have an opportunity to practice skills and receive constructive and corrective feedback on their performance.

If you are interested in finding out about this program please contact your patrol director or the CNY Sr program staff.